

Supplementary Table 2 The methodological quality

Typ e of stud y	Metho dologic al quality criteria	Hassle r et al. 2010 22	Pace et. al. 2007 23	Geler- Kulcu et al. 2008 24	Bartol o et al. 2012 25	Sard ell et al. 2000 26	Spetz et al. 2005 27	Spetz et al. 2008 28	Boele et al. 2012 29	Keir 201 1 30
Qua litati ve	Qualita tive objecti ve or questio n	-	-	-	-	-	1	1	-	-
	Approp riate qualitat ive approa ch or design or metho d	-	-	-	-	-	1	1	-	-
	Descri ption of the	-	-	-	-	-	1	1	-	-

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	context									
	Descri ption of particip ants and justific ation of sampli ng	-	-	-	-	-	1	1	-	-
	Descri ption of qualitat ive data collecti on and analysi s	-	-	-	-	-	1	1	-	-
	Discus sion of	-	-	-	-	-	1	1	-	-

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	researchers' reflexivity									
Quantitative Experimental	Appropriate sequence generation and/or randomization	0	0	0	0	0	-	-	1	0
	Allocation concealment and/or blinding	0	0	0	0	0	-	-	0	0
	Complete outcome	1	1	1	1	1	-	-	0	1

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	on- analysi s techniq ues or proced ures									
	Integra tion of qualitat ive and quantit ative data or results	-	-	-	-	-	-	-	-	-
Sco re in per cent		33,3%	33,3 %	33,3%	33,3 %	33,3 %	100%	100%	33,3 %	33,3 %