

Appendix 1: Assessment questionnaire for the online elective course in integrative medicine

1. What are the reasons you decided to attend the online course in Integrative Medicine? Please elaborate: _____

2. Have you ever been treated with complementary medicine? 1. Yes 2. No
If you answered “Yes”, please describe your experience (Which modality? Did it help?): _____

3. To what extent, in your opinion, can complementary medicine improve patients' medical condition?

Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent

4. To what extent, in your opinion, can complementary medicine result in harmful effects on patients?

Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent

5. What, in your estimation, is the quantity of randomized clinical trials on integrative medicine which have been published in the medical literature?

A very low number 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 A very high number

6. Assuming that a randomized clinical trial (RCT) examining the effectiveness of complementary medicine in the relief of chemotherapy-induced nausea in patients with breast cancer has been published in a scientific (peer-reviewed) journal:

- Assuming the researchers find an improvement in the severity of nausea, to what extent would you believe this outcome is specific (i.e., a direct result of complementary medicine on nausea through a physiological mechanism)?

Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent

- Assuming the researchers find a reduction in the severity of nausea, to what extent would you believe this is the result of a non-specific effect, similar to that a placebo?

Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent

- Assuming the researchers do not find any benefit with respect to the severity of nausea, to what extent would you feel that there should be further research conducted to examine the effectiveness of complementary medicine?
Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent
- Assuming the researchers do not find any adverse effects, to what extent would you feel that complementary medicine is safe (regarding toxicity, side effects, interactions with drugs)?
Very low extent 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high extent

7. Please describe the practical skills in Integrative Medicine which you would like to acquire during the course? (e.g., taking a history; dealing with challenging patients; managing the patient's care; informed decision-making regarding the referral to complementary medicine modalities; etc.). Please elaborate: _____

To what extent, in your estimation, do you feel competent with respect to the following:

- History-taking (anamnesis) on the use of complementary medicine
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Dealing with a patient who has an “alternative” concept of care, and is resistant to conventional medical treatment
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Referring a patient in an informed manner to Integrative Medicine treatments
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Co-defining (with the patient) the **goals of treatment** which are “realistic” and those which are “unrealistic” (for example, curing cancer).
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Evaluating the **effectiveness** of Integrative Medicine
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Evaluating the **safety and/or risks** of the Integrative Medicine treatment
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Designing a **treatment plan** in Integrative Medicine
Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level
- Skills in working in a **multi-disciplinary team** with practitioners of complementary medicine who are not physicians

Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level

- Conducting **follow-up assessment** of the effectiveness and safety of the Integrative Medicine treatments.

Very low level 1 ---- 2 ---- 3 ---- 4 ---- 5 ---- 6 ---- 7 Very high level

We would appreciate it if you could provide us with the following demographic information (to be kept confidential):

Age: _____ Gender: _____ Primary language: _____

Are you or have you undergone any training in complementary medicine? 1. No 2. Yes

|Yes: please elaborate: _____