P-20 SUPPORTING PEOPLE WITH LEARNING DISABILITIES AT END OF LIFE: REGIONAL NETWORK LAUNCH

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People with learning disabilities (PWLD) may experience inadequate end of life care through services not considering individualised needs (Care Quality Commission, 2016). The Confidential Inquiry into premature deaths of people with learning disabilities (CIPOLD, 2013) reported that coordination in end of life care was limited and improvements are required.

Aim Establish a regional network for people with learning disabilities, carers, self-advocacy groups, clinicians, care homes, hospices and academics. Encourage discussions, conversations, and positive adjustments around death and dying, working alongside and enabling provision of person-centred care tailored to individual needs.

Methods

- Partnership with Birmingham City University;
- Scoped interest of a regional network via Twitter and ehospice;
- Launched May 2019;
- PWLD key network members;
- Engagement via social media using hashtag #LDEOL;
- Pledge cards and world café mind-mapping to collate information.

Results 45 attendees from a mix of backgrounds. 22 additional people requested to join network. World Café questions included 'How could we better support and include PWLD in our community in living well and dying well?'

Feedback

- 'Empower communities to better support PWLD to get involved!'
- 'More community roles, if people are seen, barriers start to break down'
- 'Listening and learning from lived experience'
- 'Identify gaps, have honest conversations and communicate in a way we can all understand'
- 'See the person, not the learning disability'
- 'End of life pathways in all areas'
- 'Change the culture of 'Am I allowed to do this?' and working within own boxes'
- 'Great to hear from PWLD about what is important to them'
- 'Fantastic network launch, looking forward to the next event!'

Conclusion 'Continue to advocate good quality end of life care for everyone'. 'Allow people an open space to hear and understand unique narratives'. Twitter account requested network and share information. Widen network, host events across regional venues. Parallel training opportunities. Set measurable outcomes and write a five year strategy. Develop network charter.

P-21 TRANSFORMING EDUCATION FOR LEARNING DISABILITY STAFF AND ADDRESSING INEQUALITIES IN END OF LIFE CARE

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In a collaborative and innovative approach to tackling inequalities in end of life care, Dr Kershaw's Hospice has developed, delivered and evaluated a successful and bespoke training programme for staff supporting people with learning disabilities (LD) in their own homes and supportive housing.

Through a process of reflective practice and clinical supervision, LD staff from Oldham Care and Support highlighted various challenges they faced in providing end of life care, bereavement and pastoral support to service users and colleagues following the death of a resident. These challenges are further supported by a report commissioned by the Care Quality Commission (2016). Subsequently, an alliance formed between the LD Service Manager and the learning and organisational development team at Dr Kershaw's Hospice to address concerns and challenges.

Evolving from a comprehensive training needs analysis a clear vision emerged, the ultimate goal to transform the knowledge and skills of staff working in the learning disability service around provision of palliative and end of life care; including grief and bereavement support.

The package consists of two full days of training each with a discrete focus. Day 1 centres on clinical issues, i.e. recognition of end of life, symptom control, practicalities of dealing with a death, documentation and processes. Day 2 emphasises a holistic approach looking at emotional resilience, grief and loss, self-care, communication skills and spirituality.

Feedback from initial training days was analytically evaluated and revisions made to subsequent training. The programme runs quarterly with the ambition of excellent palliative and end of life care for people with learning disabilities, improved support for other service users and enhanced staff wellbeing.

Dr Kershaw's Hospice are dedicated to working across professional boundaries to improve the provision of end of life care throughout the borough of Oldham, regardless of the location of care. The future vision is of an adaptable model to providing education for professionals working with all inequality groups.

P-22 DEATH, DYING AND LEARNING DISABILITIES

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Background People with learning disabilities have poorer health than the general population and experience health inequalities in a number of different ways (JSNA Briefing on Learning Disabilities. Worcestershire County Council, 2018). LeDeR (The Learning Disabilities Mortality Review, 2018) suggest a disparity in the age of death for people with learning disabilities and the general population to be 23 years for males and 27 years for females.

Aims Ensure hospice care is seen as an option for people with a learning disability at the end of life with increased external awareness, improved access, internal education and supporting conversations in the community about death and end of life with people with a learning disability.

Methods St Richard's Hospice made three pledges in the SpeakEasy NOW White Paper on Growing Older and End of Life. As a result we have started an internal learning disability working group and work in partnership with SpeakEasy

NOW to improve knowledge and access to end of life care for people with learning disabilities.

Results In partnership with SpeakEasy NOW:

- Created a bespoke easy-read hospice leaflet which has been peer reviewed by people with a learning disability;
- Filmed a video with people with learning disabilities on why and how to talk to loved ones about end of life wishes;
- Hosted a free event on growing older and end of life for people with a learning disability and their carers involving information stalls and interactive workshops;
- Exploring learning disability champions in hospice clinical teams;
- Exploring hosting conversation events across the county about end of life with people with learning disabilities.

Conclusion St Richard's Hospice is committed to ensuring everyone who has a specialist palliative care need has access to appropriate support. In partnership with SpeakEasy NOW, we are improving access, awareness and conversations about death and dying with people with a learning disability and their loved ones.

P-23 HOSPICE PRIDE

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Background Previous joint working between member hospices of the 'Midlands Community Engagement Network' led to a collaborative community development approach attending Pride 2019 as one united group.

Aim To support the LGBT community, representing individual hospices and demonstrating partnership working, whilst promoting the message of supporting all communities to ensure everyone has access to good palliative and end of life care. The group aspired to raise awareness of hospice care in a non-discriminatory way, promoting and celebrating equality and diversity of the LGBT community.

Methods and results

- Hospice float and walking group at Birmingham Pride parade 2019;
- Seven hospices worked collaboratively;
- Well represented and supported on the day with a mix of over seventy members of staff and volunteers;
- 'Preparing for tomorrow, living for today' joint message;
- 1000 stickers handed out asking people how they would like to be remembered;
- Hospice heart selfie board used;
- Reach of event magnified by PR and social media, locally and nationally;
- A hashtag #HospicePride used and adopted by other hospice pride events across the UK;
- Impact of event went beyond the actual parade, across all seven localities and nationally;
- Led to potential collaboration with other hospices, together we can achieve more approach;
- Internally hospices involved reported positive response and feedback from staff;
- Enriched engagement with LGBT community;
- Future joint working planned.

Conclusion Pride offered a valuable opportunity to work collaboratively between hospices with persons working in community development roles, all dedicated to widening the reach and access of palliative and end of life care for the LGBT community. This work can be easily replicated amongst other hospices; establishing beneficial links and demonstrating a national message of hospices providing bespoke, person-centred care that meets individual needs.

P-24 ENSURING INCLUSIVITY FOR OUR LGBTQ+ COMMUNITY: BREAKING DOWN THE BARRIERS

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Background The LGBTQ+ communities face many difficulties and challenges in accessing health and social care. These barriers are magnified when trying to access support for palliative care, end of life care and bereavement support.

Aim Since February 2019, we at Marie Curie Hospice West Midlands are ensuring that we are a LGBTQ+ friendly organisation for patients, carers, staff and volunteers.

Method We recognised that our hospice services were not actively promoted as LGBTQ+ friendly. This led to initiatives at both regional and national level to address this.

Results Development of a hospice LGBTQ+ working group for staff, volunteers and service users. Bi-monthly meetings with our aim to ensure promotion, inclusion and equity to all our services for patients and carers identifying within the LGBTQ+ community. Also ensuring our work environment is LGBTQ+ friendly for all staff and volunteers. Collaborative working with Birmingham LGBT and an ambassador visit from Ageing with Pride. Implementation of a LGBTQ+ awareness training programme for staff and volunteers. Initiated a #hospicepride float @BirminghamPride2019 working collaboratively with six regional hospices. Raising awareness of hospice services as well as promoting equality and celebrating diversity within our community. Hospice staff and service user LGBTQ+ education boards have been placed in well attended areas. A stakeholder event planned autumn 2019 to facilitate co-design of palliative care services with our local LGBTQ+ community. We are members of the national Marie Curie LGBTQ+ working group – working on national initiatives and organisational developments to ensure Marie Curie is a LGBTQ+ friendly care-provider and employer.

Conclusion Everyone with a terminal illness should have access to high quality palliative care. LGBTQ+ people can feel excluded from palliative care services. It's important that we ascertain specific needs and assets to do everything we can to ensure equity of our services for our diverse community.

P-25 MEN'S SPACE AT KIRKWOOD

Pam Wood. Kirkwood Hospice, Huddersfield, UK

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Kirkwood Hospice's Support and Therapy team have launched a new support service for male service users, patients, carers, and bereaved men, taking place as a drop-in group held weekly. This new initiative has drawn upon the wider multi-