103 anticipatory medications administered 18.4% (19 out of 103 medications) had documentation of the effect on symptoms. There were 24 patients admitted to the specialist palliative care beds for end of life care over a 6 week period, of which 21 had anticipatory medications administered. Of these patients 31.6% (18 out of 57 medications) had documentation of the effect on the patient's symptoms.

Conclusions This study demonstrates that the effect of anticipatory medications is poorly recorded in the nursing notes on wards in a district general hospital. However, there is improvement when the patient is managed in a specialist palliative care bed on a general hospital ward. Further training is required to improve this documentation and allow accurate monitoring of symptoms. The designated specialist palliative care bed model may provide an opportunity for training of nurses across the hospital.

76 END OF LIFE CARE MEDICATION PRESCRIPTIONS: IMPROVING ACCURACY FOR A TIMELY DISCHARGE

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Introduction Prescribing medications for patients 'to take out' (TTO) on discharge is a routine task for junior doctors. Prescribing end of life care medications as a TTO, such that a rapid discharge can be arranged for a patient wishing to die at home, is not so common.

Inspiration and aim Born out of a highly emotive incident in which a patient did not receive his medications, a project to test, and subsequently improve, the accuracy of TTO prescriptions of these medications was initiated.

Method A cohort of foundation year one doctors undertook an end of life care prescribing quiz (Quiz 1), asking them to give an example prescription for both controlled and non-controlled drugs, and to state any additional documentation required to validate the prescription in the community. A guideline was then created in collaboration with the palliative care team, junior doctors and pharmacists to improve the accuracy of TTO end of life care medications. The new guideline was delivered alongside a palliative care teaching session, with cross-reference to the Trust's palliative care guidelines. The same cohort of doctors then re-took the prescribing quiz (Quiz 2).

Results The results of Quiz 1 highlighted worrying prescription inaccuracies: only 5% (1/20) of doctors correctly prescribed the medications and only 10% (2/20) identified the need for a community prescription chart. After guidance and training there was a considerable improvement in prescription accuracy (Quiz 2), with 75% (15/20) of doctors correctly prescribing the medications, and 88% (17/20) identifying the additional chart needed for administration.

Future Going forward, the guideline is to be distributed to all junior doctors within the trust, through inclusion on the intranet and the introductory handbook, such that future situations of delayed dispensing of end of life care medications can be avoided.

77 IMPROVING RECOGNITION AND END OF LIFE CARE COORDINATION ACROSS 3 CCGS. EVALUATION OF OUR SERVICE

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Introduction In Airedale, Bradford and Craven we have been developing end of life care services at a population level, aiming to identify, offer sensitive conversations and care coordination via a 24/7 hub based at an acute hospital (Gold Line) to as many patients as possible who are in the months/year of life.

Method Multiple interventions to support identification, communication and care planning for all patients thought to be in the last year of life across primary and secondary care. Includes communication skill training via Sage and Thyme, bespoke sessions for senior clinicians and one of two of NHS England Serious Illnesses care pilot sites. Use of EPACCS end of life template. Provision of 24 hour support hub. Support for primary care EOL MDT meetings via EOL facilitation in 1 CCG.

Results Please refer to attached documents.

1 CCG now has 68% of all deaths (90% 'predictable' deaths) identified, registered on EPACCS and receiving care. This CCG also has the lowest% hospital deaths in England. One CCG is less well engaged.

Discussion Multiple interventions to identify, communicate and provide coordinated care have been successful in increasing the number of patients and their carers receiving support in the last year of life. Use of a 24 hour hub provided by non-specialist staff appears to be well received and successful. Quality of care provided to individuals now needs to be measured.

78 WHO SURVIVES 1 YEAR AFTER HOSPITAL ADMISSION?

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As part of a NCPC and ECIP project a day one census was carried out on the 21st October 2015 and the patients survival followed up for a year. The census included all patients who were inpatients on the day of the census, excluding those in paediatric and maternity services with the main objective to calculate rates of death.

Available data items included demographics, date of death, division and specialty of those involved in care; admission type (planned and unplanned), and frailty scores for the over 75. For patients who died in the year the census identified; resource utilisation data; bed days; admissions and A and E attendances.

Results of the census

858 patients identified in CUHFT on 21st 2015 (excluding those under the care of paediatrics and maternity)