USE OF APREPITANT AS AN ANTIEMETIC IN CYSTIC FIBROSIS PATIENTS

A Jamali,1 M Harrison,2 D Bilton,2 N Simmonds,2 J Ross1. 1Royal Marsden and Royal Brompton Palliative Care Service, Royal Brompton Hospital, London, UK; 2Adult Cystic Fibrosis Service, Royal Brompton Hospital, London, UK

10.1136/bmjspcare-2014-000838.43

Introduction Aprepitant is a NK1 receptor antagonist licensed for treatment of nausea and vomiting (n&v) associated with emetogenic chemotherapy. There are case reports of use for n&v post-operatively or secondary to diabetic gastroparesis. There is no published evidence in patients with cystic fibrosis (CF).

Tigecycline is used in treatment of Non-Tuberculosis Mycobacteria in CF. However uncontrolled n&v can result in dose reduction, interruption or discontinuation, and treatment failure.

Aims To evaluate the efficacy and side-effects of aprepitant (added to domperidone and ondansetron) in CF patients requiring tigecycline treatment.

Methods Retrospective and prospective audits (studies) were conducted with case note review of consecutive CF patients receiving IV tigecycline, using a standardised proforma. Consecutive admissions for IV tigecycline therapy were consented and
Anapar and 80mg OD for the first five
days of tigecycline therapy. They completed daily n&v
and side-effect diaries.

**Results** 16 case notes were evaluated retrospectively
and 10 patients prospectively audited.

Aprepitant was likely to have contributed to reduc-
tion in n&v in 17/26 (65%) cases. 9/10 (90%)
patients in prospective audit completed the full
course/dose of tigecycline.

8/26 (31%) cases reported mild side-effects (head-
ache (3), hiccups, dyspepsia (2), abdominal pain, atrial
tachycardia); all resolved on continuing aprepitant or
persisted despite stopping aprepitant.

**Conclusion(s)** Aprepitant was well tolerated and
appeared to be effective for a number of CF patients.
Ongoing work will further evaluate the benefit of
aprepitant in this population and inform clinical
guidelines for management of n&v in CF patients.