Supplementary Table 1: Characteristics of the included studies

	Author(s)	Purpose and context	METHODS	Participant characteristics
1	Befort et al	Purpose: to describe weight	Sample Size: 1100	Demographic: Age:
	(2011)	status and methods used for	Sampling: convenience	65.9 ± 13.1
		weight control in rural breast	Response Rate:	
		cancer survivors and to	n = 918, 83% response rate	Self-reported cancer stage:
		examine psychosocial	Design: cross sectional	Stage I–III 395 (43%)
		factors in this population	Descriptive study	Stage IV 105 (11%)
		associated with weight	Data Collection: weight history	Unknown 364 (40%)
		change since breast cancer	questionnaire used in the	Time since diagnosis:
		diagnosis.	National Health and Nutrition	3.2 ± 2.6
		Context: patients treated for	Examination Survey (NHANES	Treatment: Currently taking
		breast cancer within the past		anti-hormone treatment 412
		six years		(45%)
		Setting: three rural Cancer		Menopausal status
		Center		Post-menopausal 865 (95%)
		Country: USA, kansas		Peri-menopausal 23 (2%)
				Pre-menopausal 26 (3%)
2	Sleight et al	Purpose: investigate the	Sample Size: 102	Demographic: Age:
	(2017)	supportive care needs of a	Sampling: convenience	Mean (SD): 54.0 (8.6)
		sample of low-income	Response Rate: n = 99	30–39: 5
		Latina breast cancer	Design : cross sectional	40–49: 27
		survivors.	Descriptive study	50–59: 38
		Context: Spanish-speaking	Data Collection: the supportive	60–69: 26
		breast cancer survivors	care needs survey (SCNS-SF34)	70–79: 2
		Setting: Los Angeles		Stage of cancer:
		County + USC Medical		Stage 1: 29
		Center (LAC+USC)		Stage 2: 19
		Oncology		Stage 3: 2
		Clinic.		Stage 4: 1
		Country: USA		Unknown: 29
				Time since diagnosis:
				mean (SD): 4.52 (2.61)
				Treatment:
				Surgery, radiation, and chemo: 49
				Surgery and radiation: 19
				Surgery and chemo: 13
				Surgery: 13
				Radiation: 4
				Chemo: 1
				Chemo. 1
3	Autade Y	Purpose: To determine the	Sample Size:147	Demographic: Age:
	(2021)	prevalence of post-treatment	Sampling: non-probability	18-22:1
		unmet needs and association	sampling	23-26:3
		between unmet needs of	Response Rate : n = 120, 81.6%	27-31:10
		breast cancer survivors with	response rate	32-36:8
		selected demographic	•	37-45:28
		variables	Design: Descriptive research	45-50:32
		Context: breast cancer	study	above 50:38
		survivors	Data Collection:	Self-reported cancer stage:
		Setting: oncology wards and	the breast cancer survivor needs	Stage I:87
		tertiary care hospitals'	assessment questionnaire	Stage II:33
		outpatient departments	_	
		Country: India.		Time since diagnosis:
				Treatment:
				Chemotherapy:119

				Radiation Therapy:116 Surgical Treatment:76 Hormonal Therapy:53 Mastectomy:23 Modified Mastectomy:32 Axillary lymph node dissection:21
4	Chae et al (2019)	Purpose: to investigate the unmet needs and related factors of Korean breast cancer survivors. Context: Setting: six medical centers (Chonbuk National University Hospital, National Cancer Center, Samsung Medical Center, Myongji Hospital, Soonchunhyang University Seoul and Bucheon Hospital) Country: Korea	Sample Size:332 Sampling: convenience Response Rate: n = 320, 96.1% response rate Design: multicenter, cross- sectional, interview survey Data Collection: Comprehensive Needs Assessment Tool (CNAT)	Demographic: Age: < 40: 44 (13.3) 40 ~ 49: 129 (38.9) 50 ~ 59: 123 (37.0) ≥ 60: 36 (10.8) Self-reported cancer stage: 0: 13 (3.9) I: 129 (38.9) II: 148 (44.6) III & IV: 42 (12.6) Time since diagnosis: ≤ 1: 73 (22.0) > 1, ≤ 3: 160 (48.2) > 3, ≤ 5: 66 (19.9) > 5: 33 (9.9) Treatment: Chemotherapy: 248 (74.7) Hormonal therapy: 236 (71.1) Radiation therapy: 262 (78.9) Target therapy: 72 (21.7) Co-morbidity: 79 (23.8) Menopausal status: Postmenopause: 127 (38.3)
5	Cheng et al (2018)	Purpose: to explore the supportive care needs of breast cancer survivors (BCS) in the first five years post-treatment. Context: Setting: university-affiliated hospital Country: Singapore	Sample Size: 250 BCS in quantitative phase 60 BCS in qualitative phase Design: mixed methods study Data Collection: Supportive Care Needs Survey-Short Form (SCNS-SF34) semi-structured qualitative interviews	Demographic: Age: Quantitative: 54.7±8.2 Qualitative: 55.3±7.6 Self-reported cancer stage: Quantitative: 0: 35(\(\frac{\psi}{\psi}\)) 1-2: 175(70) 3-4: 39(15.6) Qualitative: 0: 5 (8.3) 1-2: 46(76.7) 3-4: 9(15) Time since diagnosis: Treatment: Quantitative: Chemotherapy: 29 (11.6) Radiotherapy: 62 (24.8) Chemo-radiotherapy: 110 (44.0) Qualitative: Chemotherapy: 8 (13.3) Radiotherapy: 15 (25.0) Chemo-radiotherapy: 27 (45.0)

13	Ellegaarda M B B et al (2016) BRENNAN M E (2016)	Purpose: to determine the frequency of needs and FCR among women treated for primary breast cancer Context: breast cancer survivors Setting: the Department of Oncology, Aarhus University Hospital Country: Denmark Purpose: to identify specific areas (in quality of life, unmet needs and cancer care coordination domains) Context: breast cancer survivors Setting: public and private health	Sample Size: 194 Sampling: convenience Response Rate: (n = 155, response rate = 79 %) Design: cross-sectional questionnaire study Data Collection: the questionnaires CaSUN, Concerns About Recurrence of Cancer (CARQ-4) Sample Size: 68 Sampling: not reported Response Rate: not reported Design: cross-sectional study Data Collection: Cancer Survivors Unmet Needs (CaSUN) questionnaire Functional	Demographic: Age:mean: 63 Self-reported cancer stage: Not reported Time since diagnosis: Not reported Treatment: Not reported Demographic: Age: 56.0 (25–84) Self-reported cancer stage: Stage T1: 30 Stage T2: 32 Stage T3: 6 Time since diagnosis: Treatment: Radiotherapy: 54
		health settings Country: Australia	questionnaire, Functional Assessment of Cancer Therapy-Breast questionnaire (FACT-B,version 4), Endocrine Subscale (ES), the Patient Satisfaction Scale	Radiotherapy: 54 Chemotherapy: 49 Endocrine therapy: 60 Menopausal status:
14	Bu et al (2022)	Purpose: to (1) investigate the unmet needs and quality of life (QoL) of BCSs in China, (2) explore the diverse factors associated with their unmet needs, and (3) assess the association between their unmet needs and QoL. Context: breast cancer survivors Setting: cancer hospitals from 10 provinces (Hunan, Guangxi, Beijing, Jiangxi, Henan, Guizhou, Guangdong, Hebei, Xinjiang, and Zhejiang) Country: china	Sample Size: 1210 Sampling: Cluster random sampling Response Rate: not reported Design: A multicentre cross-sectional survey Data Collection: the Cancer Survivor Profile-Breast Cancer (CSPro-BC)	Demographic: Age:
15	Fang et al (2017)	Purpose: to understand the care	Sample Size: 237 Sampling: convenience	Demographic: Age: 57.34 (9.66)

		needs of long-term breast cancer survivors and the factors that influence these needs. Context: Long-Term Breast Cancer Survivors Setting: 2 medical centers Country: southern Taiwan	Response Rate: (n = 192, response rate =81 %) Design: correlational study Data Collection: Cancer Survivors' Unmet Needs Questionnaire(CaSUN)	Self-reported cancer stage: 0-I: 74 (38.5) II-III: 113 (58.9) Others: 5 (2.6) Time since diagnosis: 5-7: 66 (34.4) 7-9: 71 (37.0) >10: 55 (28.6) Treatment: Chemotherapy: 122 (63.5) Radiotherapy: 85 (44.3) Hormone therapy: 119 (62.0)
16	Winnie K.W. So et al (2014)	Purpose: 1. What are the five most common supportive care needs among breast cancer survivors? 2. Is there an association between these survivors' characteristics and their needs and quality of life? Context: Chinese breast cancer survivors Setting: outpatient oncology department in a teaching hospital Country: Hong Kong	Sample Size: 163 Sampling: convenience Response Rate: note reported Design: cross-sectional study Data Collection: Chinese version of Supportive Care Needs Survey form (SCNS-SF34)	Demographic: Age: 51.0 (9.2) Self-reported cancer stage: < II: 129 (79.1%) > III: 34 (20.9%) Time since diagnosis(months): 14 (11- 19) Treatment: Receiving hormone treatment: 113 (69.8%)
17	Miyashita, M (2015)	Purpose: to identify the unmet information needs and examine the relationships between unmet information needs and QOL in young breast cancer survivors in Japan Context: Setting: Hiroshima University Hospital and National Hospital Organization Kyushu Cancer Center Country: Japan,	Sample Size: 308 Sampling: convenience Response Rate: (n = 163, response rate = 52.9 %) Design: cross-sectional descriptive research Data Collection: UNMET INFORMATION NEEDS questionnaire	Demographic: Age: 44.8 (6.6) Self-reported cancer stage: 0 : 11 (6.7) I: 44 (27.0) II: 55 (33.7) III: 14 (8.6) IV: 5 (3.1) Unknown: 34 (20.9) Time since diagnosis(Months): 61.3 (60.5) Treatment: Radiation: 109 (54.2) Chemotherapy: 108 (53.7) Hormonal therapy: 141 (70.1) Breast reconstruction 19 (9.5) Menopausal status:
18	Hodgkinson K (2007)	Purpose: to identify the prevalence and correlates of supportive care needs in breast cancer survivors. Context: Breast cancer survivors Setting: outpatient radiation oncology department in a Sydney hospital Country: Australia	Sample Size:174 Sampling: convenience Response Rate: (n = 117, response rate =67 %) Design: correlational study Data Collection: Cancer Survivors Unmet Needs Questionnaire (CaSUN)	Demographic: Age: 61 (range 32–88 years) Self-reported cancer stage: Time since diagnosis: 3.9 years (range 2–10 years) Treatment: Radiotherapy: 115 (96.6) Surgery: 108 (90.8) Hormone therapy: 74 (62.2) Chemotherapy: 57 (47.9)

		The secondary aim: to expand existing knowledge of breast cancer survivorship. Context: Rural Breast Cancer Survivors Setting: 20 predominantly rural communities in Washington State. Country: USA	Response Rate: 128 breast cancer survivors, 23 Focus groups Design: qualitative study Data Collection: focus group	Early 46 (%36) Regional 20 (%15) Metastasis 8 (%6) Missing 48 (%38) Time since diagnosis: 7.10 (6.5) Treatment: Radiation 43 (%34) Chemotherapy 41 (%32) Tamoxifen 34 (%27) Missing 10 (%7) Initial surgery: Mastectomy 80 (%63) Lumpectomy 33 (%26) Missing 15 (%11)
28	Galván N (2014)	Purpose: (1) At what stage/s of survivorship is social support needed and important?, (2) How do women perceive the influence of social support on their psychosocial adjustment to breast cancer?, (3) What type of support is needed at each stage?, and (4) Who are the sources/providers of support? Context: Latina women breast cancer survivors Setting: nonprofit, communitybased cancer support organization serving Latina breast cancer survivors in the mid-Atlantic region Country: USA	Sample Size: 22 Sampling: purposive sampling Method Response Rate: not reported Design: qualitative study Data Collection: focus groups and individual interviews	Demographic: Age: 51(9) Self-reported cancer stage: Not reported Time since diagnosis: Note reorted Treatment: chemotherapy (64%) radiation (54%) lumpectomy: 10(48%) mastectomy: 4 (19%) radical mastectomy: 10 (48%)
29	Cappiello M et al (2007)	Purpose: to describe the information and support needs of women with early-stage breast cancer after treatment Context: Setting: two National Cancer Institute—designated Comprehensive Cancer Centers in the northeastern area of the United States Country:USA	Sample Size: Y & Sampling: purposive sampling Method Response Rate: Y . Design: qualitative study Data Collection: semistructured interview	Demographic: Age: 52, 33-80 Self-reported cancer stage: I: 7 (35) II: 9 (45) III: 2 (10) Unknown: 2 (10) Time since diagnosis: 1 year: 4 (%20) 2 years: 11 (%55) 3 years: 0 (%0) 4 years 4 (%20) 5 years 1 (%5) Treatment: Chemotherapy: 20 (100) Hormonal therapy: 15 (75) Radiation 1 to 3 years: 13 (65)

		Setting: the National Cancer Institute (Instituto Nacional de Cancerolog õÂa, INCan) Country: Mexico City, Mexico		Treatment: Mastectomy with reconstruction: 6/25 (24%) Mastectomy without reconstruction: 15/25 (60%) Breast conserving surgery: 4/25 (16%) Chemotherapy: 24/25 (96%) Radiation: 19/25 (76%) Hormonal Therapy: 15/25 (60%)
34	kim et al (2020)	Purpose: to explore the Self management needs of BCSs who had completed treatment. Context: Setting: large, university-based hospital in Incheon, South Korea. Country: Korea	Sample Size: 20 Sampling: purposeful sampling method Response Rate: not reported Design: qualitative study Data Collection: focus group interviews	Demographic: Age: 56.0 (6.4) Self-reported cancer stage: I: 3 (15.0) II: 6 (30.0) III: 11 (55.0) Time since diagnosis: 3.4 (1.3) Treatment: Surgery: 20 (100.0) Chemotherapy: 20 (100.0) Radiation therapy: 17 (85.0) Targeted therapy: 5 (25.0) Menopausal status:
35	Lee et al (2013)	Purpose: describe Asian American women's perceptions of quality of life and their breast cancer experiences. Context: Chinese and Korean American breast cancer survivors, as well as oncologists who provide care for Asian American breast cancer patients Setting: community-based organizations located in the Washington, DC metropolitan area Country:USA	Sample Size: nine breast cancer survivors (four Chinese and five Korean Americans) and three oncologists Sampling: purposeful sampling method Response Rate: note reported Design: qualitative study Data Collection: In-depth interviews	Demographic: Age: 53.7 (8.2) Self-reported cancer stage: 1: 2 (22.2%) 2: 5 (55.6%) 3: 1 (11.1%) 4: 1 (11.1%) Time since diagnosis: 1.9 (1.5) Treatment: Ongoing: 1 (11.1%) Completed: 8 (88.9%)
36	THEWES ET AL (2004)	Purpose: 1. Gather preliminary qualitative data on the needs of breast cancer survivors; and 2. Identify the shared and unique psychosocial needs of 'younger' and 'older' breast cancer survivors. Context: breast cancer survivors Setting: the radiation oncology department	Sample Size:23 Sampling: purposive sampling Method Response Rate: (n = 18, response rate = 78%) Design: qualitative study Data Collection: telephone interviews	Demographic: Age: mean: 54.9 Self-reported cancer stage: I:12 II: 6 Treatment: Lumpectomy CH+RT: 3 Lumpectomy RT+Tam:2 Lumpectomy RT+RT: 3 Lumpectomy RT+RT: 3 Lumpectomy RT:8 Lumpectomy CH+RT+Tam: 1 Mastectomy CH+RT: 2

37	Kwok C (2014)	of a major teaching hospital in Sydney Country: Australia Purpose: to explore the perceptions of information needs and social support among Chinese-Australian breast cancer survivors and how these resources impacted their cancer experience. Context: Chinese-Australian women diagnosed with breast cancer Setting: Chinese cancer support group in Sydney Country: Australia	Sample Size: 23 Sampling: purposeful sampling Response Rate: note reported Design: qualitative study Data Collection: Three focus groups	Demographic: Age: 56 (2.5) Self-reported cancer stage: Stage 0: 5 (21.7) Stage 1: 6 (26.1) Stage 2: 6 (26.1) Stage 3: 4 (17.4) Stage 4: 2 (8.6) Time since diagnosis: <1 year: 6 (26.1) 1-2 years: 11 (47.8) 2-3 years: 5 (21.7) 3-4 years: 1 (4.3) Treatment:
38	Wells K J (2021)	Purpose: underserved BrCS whose unmet supportive care needs can result in worse physical and mental health outcomes, compare healthcare and support providers' perceptions of BrCS' needs to survivors' perceptions of their own needs. Context: breast cancer survivors Setting: National Cancer Institute-designated comprehensive cancer center Country:USA	Sample Size: Survivors: 69 Stakeholders: 27 Sampling: purposeful sampling Response Rate: Survivors: (n = 25, response rate = 36 %) Stakeholders: (n = 20, response rate = 74 %) Design: cross-sectional qualitative study Data Collection: Semistructured in-depth interviews	Note reported Demographic: Age: Survivors: 59.92 (6.82). Stakeholders: 45.80 (12.27). Self-reported cancer stage: Not reported Time since diagnosis: Note reported Treatment: Not reported
39	Shaw M D (2008)	Purpose: (a) What are the most important needs of Black breast cancer survivors? (b) What are the physical well-being needs of Black breast cancer survivors? (c) What are the social wellbeing needs of Black breast cancer survivors? (d) What are the psychological (emotional) well-being needs of Black breast cancer survivors? (e) What are the spiritual well-being needs of Black breast cancer survivors? and (f) What are the financial well-being needs of Black Breast cancer survivors? Context: Black breast cancer survivors?	Sample Size:140 Sampling: convenience Response Rate: (n = 62, response rate = 43 %) Design: qualitative study Data Collection: the Delphi technique	Demographic: Age: 30-39: 11 (7.9) 40-49: 38 (27.2) 50-59: 49 (34.8) 60-69: 29 (20.8) 70-79: 12 (8.4) >80: 1 (0.7) Self-reported cancer stage: Not reported Time since diagnosis: Not reported Treatment: Not reported

		Setting: three geographic		
		regions of the		
		United States		
		Country: USA		
40	Ridner et al	Purpose: To solicit breast	Sample Size:21	Demographic:
	(2016)	cancer survivors'	Sampling: purposeful	Age: 53.8 (6.8)
		perspectives on	sampling method	
		the variety of issues they	-	Treatment:
		face related to lymphedema	Response Rate:	Chemotherapy: 20 (95.2)
		selfcare	Note reported	Radiation therapy: 16 (76.2)
		and identify support needs	Design: qualitative, descriptive	Hormone inhibitors: 13 (61.9)
		perceived as critical for	design	Surgery + radiation + chemo:
		managing	Data Collection: focus groups	15 (71.4)
		their chronic medical		Menopausal status:
		condition.		-
		Context: breast cancer		Pre-menopausal: 3 (14.3)
		survivors with lymphedema		Post-menopausal: 18 (85.7)
		Setting: Vanderbilt		• • • • • •
		University School of		
		Nursing in Nashville, TN.		
		Country: USA		
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