

Appendix 2

2.1 Assessment time and measures of the two trials.^a

Week	72h IEF		1h AUL		ICIQ-SF score	
	MUI trial	SUI trial	MUI trial	SUI trial	MUI trial	SUI trial
0	√	√	√	√	√	√
2	√			√		
4	√	√	√		√	
6	√	√		√		√
8	√				√	
10	√					
12	√		√		√	
15		√				
16	√	√			√	
17		√				
18		√				√
20	√				√	
24	√				√	
27		√				
28	√	√			√	
29		√				
30		√				√
32	√				√	
36	√				√	

Abbreviations: SUI, Stress urinary incontinence; MUI, mixed urinary incontinence; IEF, incontinence episode frequency; AUL, the amount of urine; ICIQ-SF, International Consultation on Incontinence Questionnaire-Short Form.

^a√ means that the measures of the original trials were conducted at the corresponding time point, and the blank space indicates that no measures were conducted.

2.2 The data of changes in the mean 72-h, 1h AUL and ICIQ-SF score of Fig. 1.

Time	Elderly (N=92)	Non-elderly (N=292)	Difference (95% CI)	p-value
Changes in the mean 72-h IEF, mean (95% CI)				
Week 2	-2.0(-3.0 to -1.0)	-1.8(-2.4 to -1.3)	0.2(-1.0 to 1.4)	0.773
Week 4	-3.0(-4.1 to -1.9)	-2.8(-3.3 to -2.2)	0.2(-1.1 to 1.5)	0.733
Week 6	-4.1(-5.2 to -3.1)	-3.9(-4.4 to -3.3)	0.3(-1.0 to 1.5)	0.688

Week 8	-3.3(-4.7 to -1.9)	-4.9(-5.7 to -4.1)	-1.6(-3.3 to 0.1)	0.066
Week10	-4.1(-5.4 to -2.7)	-5.6(-6.4 to -4.9)	-1.6(-3.2 to 0.1)	0.059
Week 12	-4.1(-5.4 to -2.8)	-6.6(-7.3 to -5.8)	-2.5(-4.1 to -0.9)	0.003
Week 15	-6.0(-7.0 to -5.0)	-4.3(-4.8 to -3.8)	1.7(0.5 to 2.9)	0.007
Week 16	-5.5(-6.3 to -4.6)	-5.3(-5.7 to -4.8)	0.2(-0.8 to 1.2)	0.722
Week 17	-6.3(-7.3 to -5.3)	-4.5(-5.0 to -4.0)	1.8(0.6 to 3.0)	0.003
Week 18	-5.9(-7.0 to -4.8)	-4.6(-5.2 to -4.1)	1.2(-0.002 to 2.5)	0.050
Week 20	-5.4(-6.9 to -4.0)	-7.1(-8.0 to -6.3)	-1.7(-3.5 to 0.1)	0.061
Week 24	-5.7(-7.1 to -4.2)	-7.3(-8.2 to -6.5)	-1.7(-3.4 to 0.1)	0.061
Week 27	-6.0(-7.1 to -4.8)	-4.6(-5.2 to -4.0)	1.4(0.1 to 2.8)	0.040
Week 28	-6.2(-7.1 to -5.3)	-5.7(-6.2 to -5.2)	0.5(-0.5 to 1.5)	0.343
Week 29	-6.3(-7.4 to -5.2)	-4.8(-5.4 to -4.3)	1.4(0.2 to 2.7)	0.026
Week 30	-6.4(-7.5 to -5.2)	-5.1(-5.6 to -4.5)	1.3(-0.04 to 2.6)	0.057
Week 32	-6.8(-8.2 to -5.3)	-7.9(-8.5 to -6.9)	-0.9(-2.7 to 0.8)	0.294
Week 36	-7.3(-8.6 to -6.0)	-8.2(-9.0 to -7.5)	-0.9(-2.5 to 0.7)	0.260
Changes in the mean1h AUL(g), mean (95% CI)				
Week 2	-3.4(-7.0 to 0.1)	-6.1(-8.0 to -4.3)	-2.7(-6.8 to 1.5)	0.209
Week 4	-7.5(-10.5 to -4.5)	-7.1(-8.9 to -5.3)	0.4(-3.2 to 4.1)	0.808
Week 6	-8.4(-11.7 to -5.1)	-10.0(-11.6 to -8.3)	-1.5(-5.4 to 2.3)	0.441
Week 12	-11.1(-14.2 to -7.9)	-12.4(-14.2 to -10.5)	-1.3(-5.2 to 2.5)	0.496
Changes in the meanICIQ-SF score, mean (95% CI)				

Week 4	-2.0(-2.7 to -1.2)	-2.5(-3.0 to -2.0)	-0.6(-1.5 to 0.4)	0.256
Week 6	-2.5(-3.2 to -1.8)	-2.4(-2.8 to -2.1)	0.1(-0.7 to 0.9)	0.869
Week 8	-3.9(-4.8 to -2.9)	-4.4(-5.0 to -3.8)	-0.5(-1.7 to 0.7)	0.403
Week 12	-4.8(-6.0 to -3.6)	-6.3(-7.0 to -5.6)	-1.5(-2.9 to 0.02)	0.054
Week 16	-5.5(-6.7 to -4.3)	-6.9(-7.7 to -6.2)	-1.4(-2.9 to 0.1)	0.061
Week 18	-4.3(-5.2 to -3.3)	-3.5(-3.9 to -3.0)	0.8(-0.3 to 1.9)	0.151
Week 20	-6.1(-7.4 to -4.9)	-7.1(-7.9 to -6.4)	-1.0(-2.5 to 0.5)	0.201
Week 24	-6.7(-8.0 to -5.5)	-7.3(-8.0 to -6.6)	-0.6(-2.1 to 0.9)	0.457
Week 28	-7.0(-8.2 to -5.7)	-7.4(-8.1 to -6.6)	-0.4(-1.9 to 1.1)	0.598
Week 30	-4.7(-5.7 to -3.8)	-3.9(-4.4 to -3.5)	0.8(-0.3 to 1.9)	0.152
Week 32	-7.1(-8.3 to -5.9)	-7.4(-8.1 to -6.7)	-0.3(-1.7 to 1.2)	0.710
Week 36	-7.7(-8.9 to -6.5)	-7.5(-8.2 to -6.9)	0.1(-1.3 to 1.6)	0.860

Abbreviations: IEF, incontinence episode frequency; AUL, the amount of urine; ICIQ-SF, International Consultation on Incontinence Questionnaire-Short Form.

All results presented in the table and in the manuscript are based on consistent use of data for completers, without imputation.