



Editor-in-chief
Declan Walsh (USA)

Associate Editors
Stephen Barclay (UK)
Jason Boland (UK)
Eduardo Bruera (USA)
Elise Carey (USA)
Joachim Cohen (Belgium)
Gregory Crawford (Australia)
Sunitha Daniel (India)
Mellar P. Davis (USA)
Sinéad Donnelly (New Zealand)
Marie Fallon (UK)
Jason Freedman (USA)
Jo Hockley (UK)
Ciarán Kenny (Ireland)
Lauren Krotz (USA)
Iain Lawrie (UK)
Daniel Munday (UK)
Hideki Onishi (Japan)
Vishwa Raj (USA)
Florian Scotté (France)
Tora Skeidsvoll Solheim (Norway)
Jenifer Jeba Sundararaj (India)
Mark Taubert (UK)
Maureen Twiddy (UK)
Derek Willis (UK)
Camilla Zimmermann (Canada)

Editorial Office
BMJ Supportive & Palliative Care
BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK
T: +44 (0)20 7383 6224
F: +44 (0)20 7383 6668
E: info.spcare@bmj.com
ISSN: 2045-435X (print)
ISSN: 2045-4368 (online)

Disclaimer: The Editor of *BMJ Supportive & Palliative Care* has been granted editorial freedom and *BMJ Supportive & Palliative Care* is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. *BMJ Supportive & Palliative Care* is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by *BMJ Supportive & Palliative Care* does not imply endorsement. BMJ Publishing Group Limited shall not be liable for any loss, injury or damage howsoever arising from *BMJ Supportive & Palliative Care* (except for liability which cannot be legally excluded).

Copyright © 2021 BMJ Publishing Group Ltd. All rights reserved; no part of this publication may be reproduced in any form without permission.

BMJ Supportive & Palliative Care is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Limited, Chennai, India and printed in the UK on acid-free paper.

BMJ Supportive & Palliative Care (ISSN No: 2045-435X) is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431. POSTMASTER: send address changes to *BMJ Supportive & Palliative Care*, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146 Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Reviews

351 Impact of palliative care consult service in inpatient hospital setting: a systematic literature review
E Janberidze, K Poláková, L Bankovská Motlová, M Loučka

361 Prognostic disclosure and quality of life in palliative care: a systematic review
S Wattanapitit, R Wagland, K Hum

371 Central catheter-associated deep vein thrombosis in cancer: clinical course, prophylaxis, treatment
OPEN ACCESS *A Marin, L Bull, M Kinzie, M Andresen*

381 Nutrition and physical activity: French intergroup clinical practice guidelines for diagnosis, treatment and follow-up (SNFGE, FFCD, GERCOR, UNICANCER, SFCD, SFED, SFRO, ACHBT, AFC, SFP-APA, SFNCM, AFSOS)
C Neuzillet, A Anota, A-M Foucaut, A-L Védie, S Antoun, D Barnoud, C Bouleuc, F Chorin, V Cottet, E Fontaine, V Garabige, X Hébuterne, F Huguet, A Lièvre, T Marchal, T Mouillot, F Peschaud, D Quilliot, B Raynard, S Schneider, F Scotté, D Vansteene, P Mariani, O Bouché, F Joly, Société Nationale Française de Gastroentérologie (SNFGE), Fédération Francophone de Cancérologie Digestive (FFCD), Groupe Coopérateur multidisciplinaire en Oncologie (GERCOR), Fédération Nationale des Centres de Lutte Contre le Cancer (UNICANCER), Société Française de Chirurgie Digestive (SFCD), Société Française d'Endoscopie Digestive (SFED), Société Française de Radiothérapie Oncologique (SFRO), Association de Chirurgie Hépato-Bilio-Pancréatique et Transplantation (ACHBT), Association Française de Chirurgie (AFC), Société Française des Professionnels en Activité Physique Adaptée (SFP-APA), Société Francophone de Nutrition Clinique et Métabolisme (SFNCM), Association Francophone pour Soins Oncologiques de Support (AFSOS)

State of the science

396 Cancer patient navigation
K Blackley

Editorial

398 Supportive and palliative care in the age of deferred death: primary care's central role
G Mitchell, S A Murray

Letters

401 To be mortal is human: professional consensus around the need for more psychology in palliative care
U M Sansom-Daly, E A Lobb, H E Evans, L J Breen, A Ugalde, M Best, N Zomerdijs, E A Beasley, K L Taylor, J Clayton, L Sharpe, I Barutla, I Olver, PoCoG End of Life Care Special Interest Group

404 Palliative medicine video consultations in the pandemic: patient feedback
A E Sutherland, V Bradley, M Walding, J Stickland, B Wee

Case reports

406 Sialorrhoea treated with inhaled glycopyrronium
C Plunkett

408 Acute opioid withdrawal syndrome from naloxone/naloxegol interaction
M Olmo, J González-Barboteo, D Moreno, E Coma, G Serrano

Education

411 Palliative medicine education—Bed Race, The End of Life Board Game in undergraduates
D G Harris, C Atkinson

Features

418 How to talk with the family of a dying patient: anger to understanding, rage to compassion, loss to acceptance
OPEN ACCESS *M Y Flugelman*

422 Do you need compassion to work in palliative medicine?
S A Trotter

Original research

427 Morphine for dyspnoea in chronic obstructive pulmonary disease: a before–after efficacy study
Y Matsuda, T Morita, H Matsumoto, K Hosoi, K Kusama, Y Kohashi, H Morishita, S Kaku, K Ariyoshi, S Oyamada, Y Inoue, S Iwase, T Yamaguchi, M Nishikawa

433 Symptom reduction in palliative care from single session mindful breathing: a randomised controlled trial
EDITOR'S CHOICE *M L Look, S B Tan, L L Hong, C G Ng, H A Yee, L Y Lim, D L C Ng, C S Chai, E C Loh, C L Lam*

MORE CONTENTS ►



This article has been chosen by the Editor to be of special interest or importance and is freely available online.




This article has been made freely available online under the BMJ Journals open access scheme.
<http://authors.bmj.com/open-access/>



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics
<http://publicationethics.org>



When you have finished with this please recycle it

- 440** Nasal fentanyl and buccal midazolam carer administration 'as needed' for breakthrough symptom control in a specialist palliative care unit: a nested qualitative study
P Perkins, A Parkinson, V Taylor, E Husbands
- 444** Early specialised palliative care: interventions, symptoms, problems
N Skjoeft, A T Johnsen, P Sjøgren, M A Neergaard, A Damkier, C Gluud, J Lindschou, P Fayers, I J Higginson, A S Strömberg, M Groenvold
- 454** Hospice at Home services in England: a national survey
 OPEN ACCESS *M Rees-Roberts, P Williams, F Hashem, C Brigden, K Greene, H Gage, M Goodwin, G Silsbury, B Wee, S Barclay, P M Wilson, C Butler*