- Workforce planning
- Development of clinical pathways, policies and standard operating procedures; clinical governance
- Practice Education team develop LTV Study day and Competency Framework, ongoing review of clinical knowledge and skills
- Preparation of children and families for transfer from High Dependency Unit to hospice.

Results

- November 2017: Admission of first tracheostomy and ventilated child and family from HDU to unit
- Child resident for 6 months, successful weaning off day time ventilation
- July 2018 : Admission of second tracheostomy ventilated child from HDU to unit
- Child resident 4 months, discharged on weaning programme
- No complications or significant infections acquired by either child
- Saved hospital bed days: 308
- Staff competency increased from 47% to 93.5%
- Maintained good relationship with families.

Conclusion With robust education and governance, tracheostomy ventilated children can be safely cared for in a hospice environment. Both sets of parents reported the environment had a positive impact on family dynamics and improved children's physical health and emotional well-being.

152 PATIENT FEEDBACK FOLLOWING THE EMBEDDING OF SPECIALIST PALLIATIVE CARE INTO A REGIONAL INTERSTITIAL LUNG DISEASE CLINIC: A SERVICE EVALUATION

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10.1136/spcare-2020-PCC.172

Background Patients living with Interstitial Lung Disease (ILD) experience multiple symptoms. Specialist Palliative Care (SPC) provided by Marie Curie was embedded into the regional ILD clinic at the Royal Victoria Infirmary, Newcastle upon Tyne in January 2016. Patients are first seen by a respiratory specialist and, if required, offered a same day SPC review.

Aim To evaluate the experience of patients to assess whether embedding SPC into a regional ILD clinic is acceptable to our service users.

Methods A survey was posted retrospectively to all patients who were reviewed by SPC in the ILD clinic between January 2018 and October 2018 and who were still alive at the time of survey (November 2018). Questions focused on previous awareness of SPC, timing of the appointment, perceived outcomes and overall satisfaction.

Results We identified 42 patients, 23 were alive at the time of the survey. We received 13 completed questionnaires (response rate 57%). Although 6/13 had an awareness of palliative care, the majority (12/13) had no prior experience of SPC. 10/13 could identify a positive outcome from their SPC review (the remainder left this question blank). All respondents were satisfied with the timing of their SPC assessment; none would have preferred to return for a separate appointment. All would recommend our service to a friend.

Conclusions We conclude that our integrated service is acceptable to our patients. Despite clinician fears that a previously unplanned SPC review could be overwhelming, survey respondents refuted this concern. Just under half of the patients reviewed by SPC in clinic were in their last year of life. Most respondents were not previously known to SPC, meaning that we are not duplicating the work of other teams. Although these conclusions are specific to the Newcastle ILD/SPC clinic, we present a model which could be replicated.

153 A SURVEY TO EXPLORE THE EMOTIONAL WELL-BEING AND RESILIENCE OF A HOSPICE VOLUNTEER GROUP

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10.1136/spcare-2020-PCC.173

Purpose Behind every great hospice is a great army of volunteers. Volunteers at the hospice front line are exposed to the grief, pain, distress and joy that comes from working in palliative care. This survey aimed to establish how supported our volunteers felt in facing that emotional challenge. Our pre-survey hypothesis was that volunteers may feel under-supported and distressed by the clinical situations they are exposed to and may require the hospice to introduce a more formalised system of supervision as is offered to trained members of staff.

Methods A survey was designed collaboratively between a Palliative medicine consultant and Clinical Psychologist to be completed anonymously by volunteers within the inpatient unit and reception.

Results In total 17 volunteers responded with a combined total of 135 years of volunteering experience between them. Over half of the responders had initially volunteered because of a personal contact with hospice care (57%). 100% stated meeting people (patients, visitors and staff) as their main source of enjoyment. Responders felt the most challenging times were when patients declined visitors so people had to be turned away (22%), when young patients are admitted (14%) or more practical issues i.e. phones not working (14%). Only one person had experienced a challenging scenario that had left them distressed. Universally this sample of volunteers felt they had someone to talk if they did find a situation challenging. A buddy system is used so they have a co-volunteer to share concerns with or would approach the staff nurse who has nominated responsibility to oversee the volunteers. The overall majority did not feel a more formal route of support was needed.

Implications: This survey, although limited by its small sample size, still proved our preconceptions wrong. Our volunteer body is resilient and the buddy system provides an internal support network that is well utilised.

154 ELECTRONIC HANDOVER DOCUMENT: ARE WE COMMUNICATING THE RIGHT INFORMATION IN THE RIGHT WAY?

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10.1136/spcare-2020-PCC.174

Background At Compton Care specialist palliative inpatient unit, an electronic document is used to handover pertinent information to doctors providing out of hours cover,

alongside a verbal handover. Doctors on call may not be based at Compton Care during working hours. The document is also used day-to-day to communicate ongoing issues. A review of this document was felt to be required to ensure safe, accurate and efficient transfer of patient information.

Methods Individuals who use the document were surveyed. The effectiveness of communication of the information was evaluated. Views regarding what the document should contain were also gathered. A PDSA cycle approach was adopted: change was driven by survey results and by current accepted practice according to literature and Royal College of Physicians guidance. Patient confidentiality and GDPR regulations were considered when reviewing the document.

Results Of those surveyed 30% did not fully understand what all parts of the document were communicating. The document was reformatted and a description key was added, subsequently increasing understanding to 100%. A description of the handover document is being included in the induction pack given to new doctors on commencing work. Inclusion of 'ceiling of escalation' was supported by 100% and therefore added. Sections for 'preferred place of death' and 'discharge information' were added as they had been supported by more than 50%. Inclusion of drop down boxes was felt to be helpful in reducing the time taken to update information.

Conclusions Clear communication of pertinent patient information and patients' wishes will reduce errors and ensure better patient care when making decisions out of hours. Electronic patient software that can be accessed remotely has been introduced recently to Compton Care. This is likely to affect how and what information is handed over; further review will be carried out in approximately one year.

155 DEVELOPING A SUSTAINABLE MODEL OF SUPPORTIVE AND PALLIATIVE CARE FOR PATIENTS WITH END STAGE HEART FAILURE

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10.1136/spcare-2020-PCC.175

Introduction This 18 month project aimed to enhance the opportunities for patients with end-stage heart failure (HF) and their families to benefit from hospice and specialist palliative care services (SPCS) to facilitate them to plan for, and experience better end of life care.

Method A project team comprising representatives from the HF service, care of older people, primary care, hospital palliative care, patients and families and hospice representatives worked alongside a project lead to design a model of care and pathway for people with end stage HF. A new Supportive and Palliative Care in Heart Failure MDT was established, providing an interdisciplinary forum for identification of those at end of life, and aiding referral to SPCS. A patient information leaflet was designed and printed. Education was delivered to the HF team on palliative care principles, and to the SPCS on management of end stage HF.

Results There is now an established pathway for care of these patients which has improved understanding and communication between the HF and specialist palliative care teams. The MDT meeting is held twice monthly and HF referrals to specialist palliative care have more than doubled (96 patients). A documentation audit of advance care plan (ACP) discussions demonstrates that 64% patients reviewed at MDT had discussions about their wishes. However, less than half of the patients had entries on the Electronic Palliative Care Coordination System (EPaCCS) with only 6% having documentation of ACP discussions.

Conclusions Feedback such as 'All care and treatment have been excellent'. (Patient) and 'Much better links between heart failure team and palliative care team with great benefits for patients' (Staff) indicate that this collaborative project has been a positive experience, enabling more patients and families to access hospice and SPCS in their locality. Further work is required to increase use of EPaCCS and sharing of ACP discussions.

156 THE ROLE OF MEDICAL PROVISION IN HOSPICE DAY SERVICES – A REVIEW

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10.1136/spcare-2020-PCC.176

Background Hospice day services are well recognised in palliative care provision. However, there is no standardised model for what structure such services take. For some, medical components are the focus, whereas others are orientated towards normalising life. At Severn Hospice, there has been a transition towards a new 'Living Well' concept: an 8-week assessment programme for patients with more complex palliative care needs. Patients attending this programme are reviewed by a doctor within the first 3 weeks, regardless of need. This has raised questions about whether this is appropriate. A review was undertaken to assess what medical needs patients attending the programme had, to inform discussion on the most appropriate model of medical provision moving forward.

Methods A case notes review was conducted for all new patients attending the 'Living Well' programme between 01/06/18 and 31/05/2019 to assess what medical input was required.

Results A total of 85 new patients attended the 8-week programme. Of these, 22 (26%) had no medical input. 63 patients (74%) had at least one medical interaction. Although 74% of patients were reviewed by a doctor, only 40 patients (47%) required any form of medical intervention (medication change, admission to IPU, liaison with GP, or referral to another service). Of these, 50% (20 patients) required only 1 intervention. There was a small cohort of 14 patients (16% of all patients) who required multiple interventions. In the 12-month period, 19 emergencies were encountered, which required rapid medical review.

Conclusions It may not be appropriate to 'medicalise' all patients attending hospice day services if they do not derive any benefit from this interaction. Only a small proportion of patients with complex palliative care needs require specialist-level medical input. The challenge is identifying who these patients are and how to provide this medical input.