



Editor-in-chief
Declan Walsh (USA)

Associate Editors
Stephen Barclay (UK)
Jason Boland (UK)
Eduardo Bruera (USA)
Elise Carey (USA)
Joachim Cohen (Belgium)
Gregory Crawford (Australia)
Sinéad Donnelly (New Zealand)
Marie Fallon (UK)
Jo Hockley (UK)
Kunihiko Ishitani (Japan)
Miriam Johnson (UK)
Ciarán Kenny (Ireland)
Lauren Krotz (USA)
Daniel Munday (UK)
Nikki Pease (UK)
Vishwa Raj (USA)
Florian Scotté (France)
Tora Skeidsvoll Solheim (Norway)
Jacob Strand (USA)
Jenifer Jeba Sundararaj (India)
Mark Taubert (UK)
Maureen Twiddy (UK)
Marianne van de Wetering (The Netherlands)
Derek Willis (UK)
Camilla Zimmermann (Canada)

Editorial Office
BMJ Supportive & Palliative Care
BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK
T: +44 (0)20 7383 6224
F: +44 (0)20 7383 6668
E: info.spcare@bmj.com
ISSN: 2045-435X (print)
ISSN: 2045-4368 (online)

Disclaimer: The Editor of *BMJ Supportive & Palliative Care* has been granted editorial freedom and *BMJ Supportive & Palliative Care* is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. *BMJ Supportive & Palliative Care* is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by *BMJ Supportive & Palliative Care* does not imply endorsement. BMJ Publishing Group Limited shall not be liable for any loss, injury or damage howsoever arising from *BMJ Supportive & Palliative Care* (except for liability which cannot be legally excluded).

Copyright © 2020 BMJ Publishing Group Ltd. All rights reserved; no part of this publication may be reproduced in any form without permission.

BMJ Supportive & Palliative Care is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Limited, Chennai, India and printed in the UK on acid-free paper.

BMJ Supportive & Palliative Care (ISSN No: 2045-435X) is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431. POSTMASTER: send address changes to *BMJ Supportive & Palliative Care*, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146 Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Editorials

- 369** Coronavirus pandemic: compassionate communities and information technology
J Abel, M Taubert
- 372** When Tithonus met corona: the COVID-19 pandemic and acute illness in the elderly
Y Al-Rawi
- 374** Pharmacogenomics-guided opioid management
J N Patel, I S Hamadeh
- 379** State of the science: opioids and survival in cancer pain management
J W Boland, M I Bennett

Reviews

- 381** Symptom burden and clinical profile of COVID-19 deaths: a rapid systematic review and evidence summary
P Keeley, D Buchanan, C Carolan, L Pivodic, S Tavabie, S Noble
- 385** Placebo response in trials of drug treatments for cancer-related fatigue: a systematic review, meta-analysis and meta-regression
R Roji, P Stone, F Ricciardi, B Candy
- 395** Early palliative care in haematological patients: a systematic literature review
S Tanzi, F Venturelli, S Luminari, F D Merlo, L Braglia, C Bassi, M Costantini
- 404** Exercise interventions in metastatic cancer disease: a literature review and a brief discussion on current and future perspectives
M Wilk, J Kepski, J Kepska, S Casselli, S Szmit

Short report

- 411** Rose geranium in sesame oil nasal spray: a treatment for nasal vestibulitis?
E J Cathcart-Rake, D Smith, D Zahrieh, C L Loprinzi

Letter

- 414** Percutaneous cervical cordotomy for cancer-related pain: national data (response to letter by Professor S Mercadante)
M Poolman, M Makin, J Briggs, K Scofield, N Campkin, M Williams, M L Sharma, B Laird, C R Mayland, On behalf of the INPIC Group

Original research

- 415** Medical cannabis and insomnia in older adults with chronic pain: a cross-sectional study
S R Sznitman, S Vulfovson, D Meiri, G Weinstein

- 421** No excess harms from sustained-release morphine: a randomised placebo-controlled trial in chronic breathlessness
M J Johnson, I Shizzera, C Fairhurst, B Fazekas, M Agar, M Ekstrom, D C Currow
- 429** Percutaneous cervical cordotomy for cancer-related pain: national data
M Poolman, M Makin, J Briggs, K Scofield, N Campkin, M Williams, M L Sharma, B Laird, C R Mayland, On behalf of the INPIC Group
- 435** Family caregivers of advanced cancer patients: self-perceived competency and meaning-making
I Teo, D Baid, S Ozdemir, C Malhotra, R Singh, R Harding, R Malhotra, M G Yang, S H-S Neo, Y B Cheung, P S H Neo, R Kanesvaran, N B Kumarakulasinghe, L H Lee, G C H Koh, E A Finkelstein, COMPASS study group
- 443** Palliative medicine family conferences and caregiver psychological distress during prolonged mechanical ventilation
Y-H Lee, J-S Wang, R Curtis, S-J Huang, S-S Chang, Y C Chen
- 452** Swallowing functional outcomes and nutritional status in head and neck cancer radiotherapy: longitudinal study
Y Wang, L Zhang, S Jin, H Li, L Gong, Y Wang, S Jin, Y Cao, Y Shih, Q Lu
- 462** Primary palliative care for older people in three European countries: a mortality follow-back quality study
K de Nooijer, L Pivodic, L Deliens, G Miccinesi, T Vega Alonso, S Moreels, L Van den Block
- 469** End-of-life care in intellectual disability: a retrospective cross-sectional study
K Hunt, J Bernal, R Worth, J Shearn, P Jarvis, E Jones, K Lowe, P Madden, O Barr, R Forrester-Jones, T Kroll, M McCarron, S Read, S Todd

Electronic pages

- e31** Earlier identification of seriously ill patients: an implementation case series
J R Lakin, M Desai, K Engelman, N O'Connor, W G Teuteberg, A Coackley, L B Kilpatrick, A Gawande, E K Fromme

MORE CONTENTS ►



This article has been chosen by the Editor to be of special interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals open access scheme.
<http://authors.bmj.com/open-access/>



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics
<http://publicationethics.org>



When you have finished with this please recycle it

- e32** Early versus delayed palliative/supportive care in advanced cancer: an observational study
E Bandieri, F Banchelli, F Artioli, C Mucciarini, G Razzini, M Cruciani, L Potenza, R D'Amico, F Efficace, E Bruera, M Luppi
- e33** Family carer support in home and hospital: a cross-sectional survey of specialised palliative care
M Vermorgen, A De Vleminck, K Leemans, L Van den Block, C Van Audenhove, L Deliens, J Cohen
- e34** PROgnostic Model for Advanced Cancer (PRO-MAC)
A Hum, Y K Y Wong, C M Yee, C S Lee, H Y Wu, M Y H Koh
- e35** Physical activity and health-related quality of life in multiple myeloma survivors: the PROFILES registry
M Servadio, F Cottone, K Sommer, S Oerlemans, L van de Poll-Franse, F Efficace
- e36** Psycho-oncology care in breast cancer centres: a nationwide survey
N Ernstmann, A Enders, S Halbach, H Nakata, C Kehler, H Pfaff, F Geiser
- e37** Advance care planning and place of death, hospitalisation and actual place of death in lung, heart and cancer disease: a randomised controlled trial
M H Skorstengaard, A B Jensen, P Andreassen, T Brogaard, E Brendstrup, A Løkke, S Aagaard, H Wiggers, M A Neergaard
- e38** Advance care plans in dementia: user-centred design
K Harrison Dening, E Castle, C Scates, K De Vries
- e39** Advance care plan barriers in older patients with end-stage renal disease: a qualitative nephrologist interview study
J O'Riordan, H Noble, P M Kane, A Smyth
- e40** Advanced dementia: an integrated homecare programme
A Hum, R Y Tay, Y K Y Wong, N B Ali, I Y O Leong, H Y Wu, J J Chin, A O K Lee, M Y H Koh
- e41** Improved gait speed in spastic paraplegia: a new modality
S Shin, J Park, J Hong, J H Park
- e42** Spiritual care provided by nursing home physicians: a nationwide survey
M-J H E Gijsberts, J T van der Steen, C M P M Hertogh, L Deliens
- e43** Speech-language pathologists in paediatric palliative care: a Delphi study protocol
L Krikheli, L B Carey, B A Mathisen, S Erickson, C L Carey-Sargeant
- e44** Tai Chi for heart attack survivors: qualitative insights
L Conboy, J Krol, J Tomas, G Y Yeh, P Wayne, E Salmoirago-Blotcher
- e45** Out-of-hours primary care end of life prescribing: a data linkage study
R Brettell, R Fisher, H Hunt, S Garland, D Lasserson, G Hayward