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YOUR ONE PERCENT?

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Aims and Objectives To investigate if readily identifiable patients with a life expectancy of less than twelve months are being identified at the Practice to allow them to gain the benefits of palliative care on the Gold Standards Framework (GSF).

Content of Presentation Objectives are: to explain what the audit involved, use of Karnofsky Performance Scale (KPS), the results and implications for practice.

Relevance/Impact The Living and Dying Well Campaign aims to encourage General Practitioners to recognise the predictable deaths in the 1% of their patients who will die every year. This allows patients to make informed decisions, GPs to improve co-ordination and delivery of care and reduces the burden on acute services.

Outcomes Only 25% of the sample were on the GSF register, another 43% were eligible based on KPS and clinical judgement. The Practice is not identifying the 1% of its patients for inclusion on the GSF Register and could consider utilising the strategies suggested to reach this threshold.

Discussion Use of the Karnofsky Performance Scale to aid GPs in deciding who to list on the register by including all patients with a KPS <50% and having disease specific palliative care meetings could help to identify the predictable deaths at each GP Surgery.